

Soup & Salad

Soup Du Jour

Ask server for today's house-made selections

Marinated Beet Salad | 12

House marinated beets, fresh avocado and goat cheese on a bed of balsamic dressed spring mix

Add Non-GMO chicken 5 | shrimp or salmon 8

Starters

Avocado Toast | 10

Fresh avocado slices, artisan whole wheat cranberry bread, olive oil, red pepper flakes **V, VT**

Buffalo Cauliflower Bites | 11

Roasted cauliflower, almond flour, buffalo sauce, served with ranch dressing **V/V, GF**

Hummus | 12

Imported Greek olives, celery, carrots, toasted naan bread with oven roasted tomatoes served with ranch dressing **GF, VT, V**

Margherita Flatbread | 12

House-made tomato sauce, fresh mozzarella, basil, heirloom tomatoes, olive oil drizzle on naan bread **VT**

Add Non-GMO chicken 5 | shrimp 8

Antipasto Flatbread | 14

Garlic aioli, prosciutto, salami, sweet capicola, exotic mushrooms, goat cheese, basil, olive oil, topped with arugula

Add Non-GMO chicken 5 | shrimp 8

Tuscan Mussels | 16

Fresh steamed mussels, Tuscan kale, Sicilian olives, fresh basil in a rustic saffron spice marinara **GF**

Add shrimp 8

Burrata Caprese | 16

Burrata mozzarella, fresh sliced tomato, fig balsamic glaze **GF, V, VT**

Cheeses & Such

Cheese Board | serves 3- 4, 24

Assorted artisan cheeses, aged, soft and hard cheeses **VT**

Charcuterie Board | serves 3-4, 28

Artisan meats, and assorted cheeses, roasted garlic, crackers, apricot spread and mixed nuts

Entrees

Peace Bowl | 17

Seasonal vegetables in a rich coconut curry sauce between twin pyramids of brown basmati rice and quinoa **V/V, GF Add Non-GMO chicken 5 | shrimp or salmon 8**

Petite Filet (6 oz) | 38

Petite filet with rosemary exotic mushroom demi served with garlic parmesan fingerling potatoes

Seared Salmon (8 oz) | 28

Fresh salmon served with sautéed spinach and roasted red potatoes **GF**

Chicken Saltimbocca | 24

Two pan seared chicken breasts wrapped in prosciutto and fresh sage served on a bed of mushrooms and spinach **GF**

Stir Fry | 17

Fresh seasonal vegetables stir-fried in a ginger molasses sauce served on basmati brown rice **V/V, GF**

Add Non-GMO chicken 5 | shrimp or salmon 8

Fiocchi Pasta | 30

Pasta pockets stuffed with pear and four cheeses in a creamy bacon sauce

★ **Chef's feature**

★ **Ask Server for daily specials**

Desserts

Sea Salt Caramel Cheesecake | 9

NY cheesecake with a layer of caramel topping and a dusting of sea salt

Strawberry Dreaming | 9

Moist shortcake layered with strawberry filling and Belgian white chocolate mousse **GF**

Chocolate Trilogy | 9

Rich chocolate cake layered with dark chocolate, milk chocolate and white chocolate mousse