



Booster Shots

Served daily until 3 pm
all V/V, GF, R

Power Quad Booster (4 shots)	6
Organic Wheatgrass Ginger Lemon Carrot	
Organic Wheatgrass	4
Protein-rich effective healer, filled with vitamins A, B-complex, C, E, I and K; 17 amino acids; and minerals	
Ginger	1
Packs a punch! Immunity-empowering antioxidant, supporting healthy digestion	
Lemon	1
Vitamin C-rich immune system strengthener and blood purifier	
Carrot	1
Antioxidant-filled health promoter, high in beta carotene	

Juice & Hand-Crafted Elixirs

Served daily until 3 pm

Beauty Juice	6
<i>cucumber, celery, green apple</i>	
Filled with antioxidants to reduce the signs of aging and hydrate skin V/V, GF, R	
West Orange Elixir	6
<i>freshly squeezed orange juice, strawberry, banana</i>	
Delicious source of fiber, helping slow digestion, control blood sugar and lower cholesterol V/V, GF	
Protein Elixir	6
<i>banana, almond milk, blueberries, chocolate vegan protein</i>	
Packed with essential amino acids and proteins your body needs for overall health VT, GF	
Power Elixir	6
<i>cucumber, celery, ginger, apple, spinach</i>	
Promotes natural weight loss – and increases energy, mental clarity, focus and clearer skin V/V, GF, R	

V/V = Vegan/Vegetarian | VT = Vegetarian | GF = Gluten Free | R = Raw



Soup & Salads

Add shrimp, tuna or non-GMO chicken, 3

Soup Du Jour 4.5

Ask your server for today's house made selections

Arugula Salad 9

Fresh arugula, red onion, green peas, sunflower seeds, goat cheese, bell peppers, lemon vinaigrette **GF, V**

Marinated Beet Salad 10

Marinated balsamic roasted red beets, arugula and organic spring mix, candied walnut-encrusted goat cheese medallions, avocado, sun dried cherries, maple balsamic vinaigrette **VT, GF**

Starters & Tapas

Avocado Toast 1 slice, 3.5

Avocado slices, whole wheat cranberry bread, olive oil, red pepper flakes **VV**

2 slices, 6

Ahi Tuna in Lemon Grass 10

Raw Ahi tuna over arugula yucca and lemon vinaigrette

Charcuterie serves 2, 16

Aged meats, cheeses, breads, Dijon mustard, rosemary apricot jam

serves 4, 24

Chardonnay Bleu Cheese Mornay 9

White wine-infused cheese dip with warm pretzel bread
Extra half loaf, \$1.50

Cheese Board serves 2, 14

Assorted fresh, aged, soft and hard cheeses **VT**

serves 4, 18

Hummus & Olives 9

Hummus, stuffed olives, Kalamata olives, naan bread **VV**
Extra naan bread, \$1.50

Buffalo Cauliflower Bites 10

Roasted cauliflower, almond flower, buffalo sauce, ranch dressing **VV, GF**

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Wraps

All accompanied by Soup du Jour or Garden Salad

- Southwestern Wrap** 12
Black bean patty with fresh avocado,
fresh greens, tomatoes, on whole wheat wrap **V/V**
- Rosemary Chicken Wrap** 12
Organic rosemary chicken, roasted veggies,
vegenaise, fresh greens, on whole wheat wrap

Entrees

- Peace Bowl** small, 11
Seasonal vegetables in a rich coconut curry
sauce, between twin pyramids of brown
basmati rice and quinoa **V/V, GF**
Add Non-GMO chicken, shrimp or prosciutto, 3
large, 14
- Stir Fry** small, 11
Fresh seasonal vegetables stir-fried in a ginger
molasses sauce, mixed veggies, snow peas
and carrots. Served on basmati brown rice **V/V, GF**
Add Non-GMO chicken, shrimp or prosciutto, 3
large, 14
- Margarita Flatbread** 11
Fresh tomatoes, mozzarella cheese, basil, olive oil
Add Non-GMO chicken, shrimp or prosciutto, 3
- Tuscan Steak** 20
Seared flat iron steak served with arugula salad
- Seared Salmon** 22
Fresh salmon served with sautéed spinach
and roasted red potatoes
- Chicken Saltimboca** 18
Pan seared chicken breast wrapped in prosciutto
and fresh sage served on a bed of mushrooms
and spinach



Desserts

Chocolate Flourless Cake	8
Rich deep-dark flourless chocolate cake, dark chocolate drizzle, berries VT, GF	
Limoncello Cake	7
Sponge cake, layered limoncello cream, garnished with berries and whipped cream VT	

Bottled Water & Beverages

No refills

Voss Natural Spring Water (800 ml)	6
Voss Sparkling Spring Water (800 ml)	6
Coke Diet Coke Sprite Ginger Ale	2

Nespresso Coffee or Tea

Milk options: whole, skim or almond

No refills

Espresso	single shot, 2 double shot, 3.5
Coffee	2
Latte	single shot, 3.5 double shot, 5
Tea	2

Rooibos Peach - Naturally caffeine free, flavored with peach pieces

English Breakfast – Robust and rich aromas of caramel and cocoa

La Chamomile – Infused with aromatic lemon grass

Touareg – Spearmint leaves combined with green tea